



My Golf Training: 30 for AN effective Training exercises



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My Golf Training: 30 for AN effective Training exercises

From All Square Verlag, Inh. Timo Schlitz

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_____ _the best Golfer the world is not only talentiert, but is also incredibly viel. training of at least six hours a Golf-Profi practises on the day of its score and so it is for the Driving Range-Chipping- Pitching, Golf courses and in bunkers, the Green and also on the space zugange. thats lose the professionals, despite this intensive training not feel the game is one of the secrets to it in all impact an objective verfolgen. whether it as professionals, Phil Mickelson Tiger Woods or as a Top-Amateur Kölbing HCP-Jonas (3.9) excluded.

_____ _closely to ensure that this objective is In "Mein Golf, Golf Training-Journalist Timo Slotted has many professionals on the shoulder and is Paid with some of the finest German Player exclusively on this matter, how can it maintain an Amateur appropriate and effective Training exercises? 30 are In place all of the areas of the game agents. In a concise summary of the Training is the Training plans by the Amateur and professional third. However, the different objectives of the class to offer this Handicap enthusiasts and all Spielstärken a Ansporn.

_____ _The exercises are in the style of Info graphics and are therefore easy to set up a constituent, the expiry date and the specific objective shall be clearly defined and can be quickly argues any exercises to carry your end result in a Booklet, a and may thus their progress in the various categories are well nachvollziehen.

_____ _the Pocket Guide has been designed to bring the operational character of the Recommendation. "Mein Golf Training fits in the rear Pocket and of course also Golfbag. to the ring binder with water-repellent cover is a useful companion when any Training Session lack taken.

_____ _My Golf training.de

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